



## Shabbat Candles/Learning to Rest

Thursday, September 10

Friday night is our escape hatch to crawl into another world, a place of serenity and calm that we call Shabbat. It all begins with the flicker of a small flame of light. One small candle, lit at the right time with the right purpose, generates a spiritual light above so magnificent, so bright, it can illuminate an entire world. **Program:** Carolyn

Albin will lead a workshop on **Feldenkrais, a system of awareness through movement**. You'll learn simple movements designed to strengthen your bones and your brain. During the intervals of rest in between movement, you will discover your capacity for improving the quality of your life. (Dress in loose, comfortable clothing and wear socks.) *Sponsored by Susan Berk in honor of her 62nd birthday, and Audrey Garrison in honor of her 38th wedding anniversary.*



## Tefillin/Understanding Precious Stones

Monday, October 19

Tefillin is the mitzvah which contains the ultimate paradox: the tying of a finite being to an infinite G-d. Wrapped in tefillin, Jewish men enter a timeless space every morning. "Tefillin is to a person what the computer is to technology. Both connect and integrate very diverse functions. With the computer, you're connecting hardware. With a person, you're connecting a mind, a heart and a hand—faculties that are often very disparate. The idea of tefillin is to enter the world as a single person connected to a single G-d."

**Program:** Gemstone workshop with gemologist **Julia Linder Bell**. Julia puts her craft to work in the family business, The Jewelmark, and enjoys a long history entwining the magic and beauty of gemstones. *Sponsored by Phyllis Kapp in honor of her daughter Ellen's birthday; and Susan Berk in honor of her 34th wedding anniversary.*



## Your Jewish Book Collection/Tin Workshop

Wednesday, November 18

What kind of house do you have? Whatever it's full of, that's what your house will be. Our house has Jewish books....3,000 years of Jewish books...so it's a 3,000-year old house: A house that's built to last forever.

**Program:** Master tinsmith **Kristina Krenzel** will lead us in **crafting bookmarks**. *Sponsored by Judith Kingsley in memory of two daughters; and Linda Krull in memory of her mother, Evelyn Beyer.*



## Jewish Education/Chanukah Party

Thursday, December 17 (Chanukah)

Just as the adult gives the child knowledge of life, so the child gives the adult the keys to living it. The enthusiasm and relentless curiosity; the conviction that knowledge must be real; the ability to apply whatever is learned in the real world. **Program:** **Chanukah Party**. *Sponsored by Paulina Braiman-Robinson in honor of her family and in memory of her parents and brother; and Joan Grossman in honor of her children and grandchildren.*



## Torah Study/Holistic Healing Workshop

Monday, January 18

Torah can refer to just the Five Books of Moses, but the term is also used to refer to the entire body of Jewish wisdom. Torah literally means "instructions;" it also means "light." Torah is meant to shine a light on life and show us which way to go.

**Program:** **Rebecca Kantor, DOM**, will discuss **Chinese medicine**, a holistic approach to health and longevity. Dr. Kantor has been practicing since 1992. *Sponsored by Nurit Patt in honor of all the women in her family, and Susan Krohn in honor of her new grandson Moshe.*



## Mezuzah/Clay Workshop

Monday, February 15

The soul of every person can be read in the mezuzahs on the doorways of our homes. It makes sense: A doorway is a passage from one domain to another. **Program:** **Crafting clay mezuzah covers** led by artist **Judith Klausner**, who has been exhibiting her work in galleries for 25 years. *Sponsored by Regina Klapper in memory of her father, Philip Eisman; and Gloria Abella Ballen In honor of her daughter, Vanessa Paloma.*



## Jewish Food/Passover Baking Class

Tuesday, March 16

The foods that we carry upward on our spiritual journey are called kosher foods. We need energy to do good things in our lives. When we eat kosher foods, we elevate our lives. **Program:** Professional baker **Amy Shure Nelson** will lead us in a **Passover baking lesson** with goodies to be brought home. Amy's incredible edibles can be

found in several stores and can also be ordered directly from her. *Sponsored by Marian Urban in honor of humanity to receive light; and Sally Lowen in honor of her 9th wedding anniversary.*



## Loving Your Fellow Man/Film Discussion

Thursday, April 15

All Jews are tied together; we've been traveling down this road arm-in-arm for more than 3,000 years. All of humanity is tied together, branched out in families. Jews are an amazing family that shares a common heritage, history and distinct way of looking at the world. Being connected lies at the heart of all this higher-life strategy. It's the turbine and the magnet. Call it bonding with your people. Or just call it community.

**Program:** **Movie, "The Witness"**. This 20-minute, rarely available film, is a truly amazing holocaust enactment of deep psychological pathos. This extremely moving film follows a path rarely, if ever, explored by any other movie or documentary. Presented by **Karen Tobin**, who will also lead a discussion period after the film. *Sponsored by Beverly Berger and Trudy Blitz in memory of father and husband Joseph Blitz, and Lena Keslin in honor of the Jewish Women's Circle.*



## Family Purity/New Mikvah Tour

Thursday, May 13

**(This event is free for both members and non-members)**

There is no place of greater spiritual energy and beauty than the union of a man and a woman. A mikvah is a pool designed around a natural flow of water, such as rainwater or spring water. The idea of the mikvah is so

natural, so ingenious. Women need this cycle. What an amazing way to keep a marital union fresh! **Program:** We will enjoy a **tour of Chabad's newly built, state-of-the-art mikvah** and hear speakers **Julie Weinstein** and **Judith Fein** discuss this highly significant aspect of female Jewish life.

*Sponsored by Meg Cywink in honor of Devorah Leah Levertov and her daughters, and Judy Moore-Kraichnan in memory of her husband, Robert H. Kraichnan.*



## Tzedakah/End-of-Year Dinner and Discussion

Tuesday, June 9

Life is not about what you get, it's about what you give. Every time your hand does an action of giving, it becomes, more and more, a giving hand. Remember: You can't have everything; where would you put it? **Program:** **Our end-of-year dinner and party**. Great food! Great conversation! We'll review the past year's

activities and discuss new ideas for the Jewish Women's Circle. *Sponsored by Jane Hochberg in honor of husband Steve's 65th birthday; and Camille Ovitsky in loving memory of her father.*



### Get Involved!

There are several ways to get involved in the Jewish Women's Circle:

- *Become a sponsor.* Just \$54 helps fund a monthly event as well as outreach activities.
- *Host an event:* Help with setup and buy refreshments.
- *Be a greeter:* Welcome members at meetings and help newcomers feel at home. Contact **Paulina Robinson** at 820-5703 or by e-mail at pnina48\_3@hotmail.com to volunteer for sponsor, hostess or greeter.

● *Join:* The annual fee of \$36 goes toward monthly events and outreach activities. Call **Karen Tobin** at 424-0214; send check payable to the Jewish Women's Circle or credit card information to Jewish Women's Circle, 242 W. San Mateo Rd., Santa Fe, NM 87505; or pay with a credit card on our Website, [www.jewishwomenscircle.com](http://www.jewishwomenscircle.com).

● Events are \$5 for members and \$8 for non-members. All events take place from 6:30 pm to approximately 8:30 pm at Chabad Jewish Center, 242 West San Mateo Road.

● **Linda Krull** is collecting recipes and stories for the Jewish Women's Circle Cookbook. Contact her at nlkresearch@comcast.net or at 988-7604.



### Special Fund Raiser!

**Sunday, February 7, 12 Noon**

We will be assembling Purim baskets at Chabad House. They will be for sale at \$36 each and delivered on Purim, February 28. Please contact **Beverly Berger** at 989-7799 or by e-mail at bevbhere@myself.com to volunteer or to place your order.

### Women's Circle Leadership

**President:** Karen Tobin

**Secretary:** Linda Krull

**Treasurer:** Joan Grossman

**Coordinator:** Paulina Robinson

**Chesed:** Lena Keslin & Kristina Krenzel

**Purim Baskets:** Beverly Berger

**Brochure Design:** Regina Klapper

**Educational Director:** Devorah Leah Levertov

**Planning Committee:** Devorah Leah Levertov, Carolyn Sue Albin, Beverly Berger, Sheila Bicoll, Ryfqah Jean Brenner, Laura Brouse, Audrey Garrison, Joan Grossman, Lena Keslin, Linda Krull, Diane Miller, Scooter Morris, Amy Shure Nelson, Susan Paradise, Karen Tobin, Eva Wohl

CHABAD JEWISH CENTER SANTA FE

## Jewish Women's Circle

242 West S. Mateo Road • Santa Fe, NM 87505  
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### Welcome to the Santa Fe Jewish Women's Circle...

...or, as we like to perceive it, the Women's Friendship Circle. We are dedicated to sharing and exploring our Jewishness while fostering friendship and community growth. All Jewish women are welcome regardless of background or level of observance. Come join us, meet new friends and renew old acquaintances. Enjoy various craft projects, movies, discussions and, what we all do best, laughter. We explore our amazing Jewish heritage and life together in a creative, meaningful experience. Please join us and we promise you, a good time will be had by all!

### Jewish Life: A 10-Step Program

Our rich Jewish heritage provides us with the means to connect to our deep inner soul. It is our gateway for connection to a higher life and the Source of Life, the Infinite G-d. Our ancestors have gone through fire and water to preserve these precious rituals and pass them to the next generation. But what would be the best, most approachable way to living a more enriched Jewish life? What are the fundamentals of Jewish life? Where would we begin? This year, the Jewish Women's Circle will explore the **Ten Building Blocks of Jewish Life**, based on Jewish mysticism and Chassidic philosophy. Each month we will explore another one of these ten fundamentals of Jewish life, followed by an activity and creative workshop led by one of our community members.

